



Drink Nutritional Information: Holiday Drinks

The nutritional values provided in this guide or shown on menus or menu boards should be considered approximations. Variations in nutritional values throughout this menu may occur due to deviations in preparation, availability of ingredients, seasonal changes, cooking processes and custom ordering. Data is rounded to meet FDA regulations. 2,000 calories a day is used for general nutrition advice, but calorie needs vary. All of our food items are produced in facilities where known allergens are present. We cannot guarantee that any of our products are free from allergens (including dairy, eggs, soy, tree nuts, wheat and others) as we use shared equipment to store, prepare and serve them.

LTO SPECIALTY DRINK	CALORIES	TOTAL FAT (g)	SATURATED FAT (g)	TRANS FAT (g)	CHOLESTEROL (mg)	SODIUM (mg)	TOTAL CARBOHYDRATES (g)	DIETARY FIBER (g)	SUGARS (g)	PROTEIN (g)
Winter Bliss 12 oz <i>Light Cream and Light Sweet</i>	140	6	4	0	15	10	21	1	18	1
Winter Bliss 16 oz <i>Medium Cream and Medium Sweet</i>	270	12	8	0	35	15	40	2	36	2
Winter Bliss 20 oz <i>Creamy and Sweet</i>	400	18	12	0.5	50	25	60	3	54	3
Tiramisu 12 oz <i>Light Cream and Light Sweet</i>	140	5	3.5	0	15	10	24	0	23	1
Tiramisu 16 oz <i>Medium Cream and Medium Sweet</i>	330	16	10	0.5	50	20	47	0	47	2
Tiramisu 20 oz <i>Creamy and Sweet</i>	390	16	10	0.5	50	25	60	0	60	2