

# PHILZ DRINK NUTRITIONAL INFORMATION: SMALL (12 OZ)

12oz	Calories	Total Fat	Saturated Fat	Trans Fat	Cholesterol	Sodium	Total Carbohydrates	Dietary Fiber	Sugars	Protein
<b>Original Coffee Blends</b>										
Hot Coffee (black)	0	0g	0g	0g	0mg	5mg	0g	0g	0g	0g
Hot Coffee (sweet & creamy)	330	27g	17g	0g	100mg	40mg	21g	0g	21g	2g
Iced Coffee (black)	0	0g	0g	0g	0mg	0mg	0g	0g	0g	0g
Iced Coffee (sweet & creamy)	330	27g	17g	0g	100mg	35mg	21g	0g	21g	2g
<b>Specialty Drinks</b>										
Mint Mojito (sweet & creamy)	330	27g	17g	0g	100mg	40mg	22g	< 1g	21g	2g
Iced Coffee Rose with Oat Milk (sweet & creamy)	130	2g	0g	0g	0mg	40mg	27g	0g	23g	< 1g
Iced Coffee Rose with Cream (sweet & creamy)	320	23g	14g	0g	85mg	40mg	28g	0g	28g	2g

While this information is based on our standard product recipes, variations in nutritional values throughout this menu may occur due to deviations in preparation, overall size, availability of ingredients, local suppliers, seasonal changes, cooking processes and custom ordering. The nutritional values provided in this guide or shown on menus should be considered approximations. 2,000 calories a day is used for general nutrition advice, however calorie needs may vary.

Gingersnap (sweet & creamy)	330	27g	17g	0g	100mg	40mg	22g	0g	21g	2g
Hot Mocha Tesora (no added sugar & standard cream)	280	22g	14g	0g	75mg	30mg	19g	2g	16g	3g
Hot Mocha Tesora (sweet & standard cream)	330	22g	14g	0g	75mg	35mg	34g	2g	30g	3g
Iced Mocha Tesora (no added sugar & standard cream)	260	21g	13g	0g	70mg	25mg	19g	2g	16g	3g
Iced Mocha Tesora (sweet & standard cream)	320	21g	13g	0g	70mg	30mg	34g	2g	30g	3g
Philz Hot Chocolate (no added sugar & standard cream)	300	23g	14g	0g	75mg	25mg	25g	3g	21g	3g
Philz Hot Chocolate (sweet & standard cream)	360	23g	14g	0g	75mg	30mg	40g	3g	35g	3g

While this information is based on our standard product recipes, variations in nutritional values throughout this menu may occur due to deviations in preparation, overall size, availability of ingredients, local suppliers, seasonal changes, cooking processes and custom ordering. The nutritional values provided in this guide or shown on menus should be considered approximations. 2,000 calories a day is used for general nutrition advice, however calorie needs may vary.

<b>Teas</b>										
Tea (black)	5	0g	0g	0g	0mg	10mg	1g	0g	0g	0g
Tea (sweet & creamy)	340	27g	17g	0g	100mg	40mg	25g	0g	24g	2g
Fresh Chai (no sugar & standard cream)	200	21g	13g	0g	75mg	35mg	4g	< 1g	2g	1g
Fresh Chai (sweet & standard cream)	290	21g	13g	0g	75mg	40mg	26g	< 1g	23g	1g
Herbal Mint Tea (black)	15	0g	0g	0g	0mg	0mg	2g	1g	0g	< 1g
Herbal Mint Tea (sweet & creamy)	340	27g	17g	0g	100mg	30mg	26g	1g	24g	2g
Philz Iced Tea (black)	0	0g	0g	0g	0mg	10mg	1g	0g	0g	0g
Philz Iced Tea (sweet & creamy)	340	27g	17g	0g	100mg	35mg	25g	0g	24g	2g
Istanbul Treat (black)	15	0g	0g	0g	0mg	10mg	3g	< 1g	0g	0g
Istanbul Treat (sweet & creamy)	340	27g	17g	0g	100mg	40mg				

While this information is based on our standard product recipes, variations in nutritional values throughout this menu may occur due to deviations in preparation, overall size, availability of ingredients, local suppliers, seasonal changes, cooking processes and custom ordering. The nutritional values provided in this guide or shown on menus should be considered approximations. 2,000 calories a day is used for general nutrition advice, however calorie needs may vary.